



# WHOLEhealth

RACHEL D. WILSON  
Family Nurse Practitioner

- Primary **care** across the lifespan, same or next day appointments, long visits.
- **Small town values** We take the time to know you and yours. We love to come to your home and will treat you like family.
- We prioritize doing the **right thing** for patients and building long-term relationships.
- Functionally trained to look at the **root** cause. Believing you are a **whole** not just a set of problems.
- We value patients over paperwork and practice medicine not insurance. Direct primary care makes this happen.
- No insurance billed or accepted, but **accepting** of everyone equally (those with and without insurance, pink, purple or green).

10% of all monies are allotted to those unable to afford health care. WHOLEhealth is committed to quality healthcare for all. Bartering welcome!

100 E. Main St  
Menden, KS 66512  
785.484.0100  
[www.whole-health.org](http://www.whole-health.org)

## What is Direct Primary Care (DPC)?

- Insurance is not billed, the time is spent directly on and with you.
- Direct access via phone calls, text and e-mail.
- No hidden fees or surprises. No co-pays.
- Cash price savings for necessary referrals, lab work and medications.

## What is Functional Medicine?

Functional medicine identifies and addresses the root cause of issues and illness. Each person requires individualized multi-dimensional care, to look, feel and function at their best.

If you choose membership:

Age 0 to 18: \$29/  
month (\$0.96/day)

Age 19-99: \$69/month  
(\$2.30/day)

Age 100+: FREE!

Family discounts.  
Small Business discounts.

Unlimited monthly visits, house calls (with a few restrictions), procedures/injections, unlimited calls and texts directly to your provider, in-house labs, and discount medications at local pharmacies.

Membership not required but will not receive full benefits.

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